

BOYS & GIRLS DIVISION EAST DISTRICT TRACK MEETS

Monday, May 19, 2008 – Preliminaries will be held at Meadowbrook High School and West Holmes High School for both Boys and Girls

Thursday, May 22, 2008 – Semi Finals – One District for the Girls and Two Districts for the Boys

Saturday, May 24, 2008 – Finals – One District for the Girls and Two Districts for the Boys

24 Girls teams possible 48 competitors – top 4 in each event advance

15 Boys teams possible 30 competitors – top 4 in each event advance

15 Boys teams possible 30 competitors – top 4 in each event advance

3 Districts

Monday **Preliminary Day** **Held at 2 Sites** **4:30 pm Field Events**
5:30 pm Running Events

Field Events	Boys High Jump – Top 4 advance to Regional Boys Pole Vault – Top 4 advance to Regional Girls Long Jump – Top 8 advance to Finals Girls Shot Put – Top 8 advance to Finals Girls Discus – Top 8 advance to Finals
100 Hurdles	3 Heats for Girls – Top 2 in each Heat advance and next 2 fastest times advance
110 Hurdles	4 Heats for Boys – Top 2 in each Heat advance
100 meters	3 Heats for Girls – Top 2 in each Heat advance and next 2 fastest times advance 4 Heats for Boys – Top 4 in each Heat advance
1600 meters	2 Heats for Boys – Top 8 in each Heat advance (if needed)
800 meters	2 Heats for Girls – Top 8 in each Heat advance
200 meters	3 Heats for Girls – Top 2 in each Heat advance and next 2 fastest times advance 4 Heats for Boys – Top 2 in each Heat advance
3200 meters	2 Heats for Girls – Top 8 in each Heat advance

Thursday Semi Finals Held at 1 Site 3:30 pm Field Events
ME – Meadowbrook Site WH – West Holmes Site 4:30 pm Running Events

Field Events	Girls High Jump – Top 4 advance to Regional Girls Pole Vault – Top 4 advance to Regional Girls Shot Put – Top 4 advance to Regional ME: Boys Long Jump – Top 4 advance to Regional WH: Boys Discus – Top 4 advance to Regional ME: Shot Put – Top 4 advance to Regional
4 x 800 Relay	Girls – Top 4 advance to Regional ME: Boys – Top 4 advance to Regional WH: Boys – Top 4 advance to Regional
100 Hurdles	2 Heats for Girls – Top 4 in each Heat advance to Finals
110 Hurdles	ME: 2 Heats for Boys – Top 4 in each Heat advance to Finals WH: 2 Heats for Boys – Top 4 in each Heat advance to Finals
100 meters	2 Heats for Girls – Top 4 in each Heat advance to Finals ME: 2 Heats for Boys – Top 4 in each Heat advance to Finals WH: 2 Heats for Boys – Top 4 in each Heat advance to Finals
4 x 200 Relay	3 Heats For Girls – Top 8 times advance to Finals ME: 2 Heats For Boys – Top 8 times advance to Finals WH: 2 Heats for Boys – Top 8 times advance to Finals
1600 meters	2 Heats for Girls – Top 8 in each Heat advance to Finals
4 x 100 Relay	3 Heats for Girls – Top 8 times advance to Finals ME: 2 Heats for Boys – Top 8 times advance to Finals WH: 2 Heats for Boys – Top 8 times advance to Finals
400 meters	6 Heats for Girls – Top 8 times advance to Finals ME: 4 Heats for Boys – Top 8 times advance to Finals WH: 4 Heats for Boys – Top 8 times advance to Finals
300 Hurdles	6 Heats for Girls – top 8 times advance to Finals ME: 4 Heats for Boys – Top 8 times advance to Finals WH: 4 Heats for Boys – Top 8 times advance to Finals
800 meters	ME: 2 Heats for Boys – Top 8 in each Heat advance to Finals WH: 2 Heats for Boys – Top 8 in each Heat advance to Finals
200 meters	2 Heats for Girls – Top 4 in each Heat advance to Finals ME: 2 Heats for Boys – Top 4 in each Heat advance to Finals WH: 2 Heats for Boys – Top 4 in each Heat advance to Finals
4 x 400 Relay	3 Heats for Girls – Top 8 in times advance to Finals ME: 2 Heats for Boys – Top 8 times advance to Finals WH: 2 Heats for Boys – Top 8 times advance to Finals

Saturday	Finals	Held at 1 Site	11:30 am Field Events
ME – Meadowbrook Site		WH – West Holmes Site	12:30 pm Running Events

Field Events	Girls Long Jump – Top 4 advance to Regional Girls Discus – Top 4 advance to Regional WH: Boys Shot Put – Top 4 advance to Regional ME: Boys Discus – Top 4 advance to Regional WH: Boys Shot Put – Top 4 advance to Regional
100 Hurdles	1 Heat for Girls – Top 4 advance to Regional
110 Hurdles	ME: 1 Heat for Boys – Top 4 advance to Regional WH: 1 Heat for Boys – Top 4 advance to Regional
100 meters	1 Heat for Girls – Top 4 advance to Regional ME: 1 Heat for Boys – Top 4 advance to Regional WH: 1 Heat for Boys – Top 4 advance to Regional
4 x 200 Relay	1 Heat for Girls – Top 4 advance to Regional ME: 1 Heat for Boys – Top 4 advance to Regional WH: 1 Heat for Boys – Top 4 advance to Regional
1600 meters	1 Heat for Girls – Top 4 advance to Regional ME: 1 Heat for Boys – Top 4 advance to Regional WH: 1 Heat for Boys – Top 4 advance to Regional
4 x 100 Relay	1 Heat for Girls – Top 4 advance to Regional ME: 1 Heat for Boys – Top 4 advance to Regional WH: 1 Heat for Boys – Top 4 advance to Regional
400 meters	1 Heat for Girls – Top 4 advance to Regional ME: 1 Heat for Boys – Top 4 advance to Regional WH: 1 Heat for Boys – Top 4 advance to Regional
300 Hurdles	1 Heat for Girls – Top 4 advance to Regional ME: 1 Heat for Boys – Top 4 advance to Regional WH: 1 Heat for Boys – Top 4 advance to Regional
800 meters	1 Heat for Girls – Top 4 advance to Regional ME: 1 Heat for Boys – Top 4 advance to Regional WH: 1 Heat for Boys – Top 4 advance to Regional
200 meters	1 Heat for Girls – Top 4 advance to Regional ME: 1 Heat for Boys – Top 4 advance to Regional WH: 1 Heat for Boys – Top 4 advance to Regional
3200 meters	1 Heat for Girls – Top 4 advance to Regional ME: 1 Heat for Boys – Top 4 advance to Regional WH: 1 Heat for Boys – Top 4 advance to Regional
4 x 400 Relay	1 Heat for Girls – Top 4 advance to Regional ME: 1 Heat for Boys – Top 4 advance to Regional WH: 1 Heat for Boys – Top 4 advance to Regional